Talk It Out

words & music by Sarah Pirtle, © 1993 Discovery Center Music

The best way to solve an argument is to "talk it out!" Sarah has written many wonderful conflict resolution songs (and books on the subject).

I'm so angry, I can't see straight
I'm mad as a bull breakin' down a gate
You and I are in this fight
Gotta find a way to set things right

Talk it out - I don't wanna do it
Talk it out - Do I have to go through it?
Talk it out - There is no doubt
Gotta jump back, come back, talk it out

How can we be friends again?
How can we be friends again?
I really want this fight to end
Gotta jump back, come back, try it again

I walked up to talk to you
but you turned away, what can I do?
I try to talk and you run away
Gotta jump back, here me out today

Talk it out - You don't wanna do it
Talk it out - We have to go through it
Talk it out - There is no doubt
Gotta jump back, come back, talk it out

Talk it out - I'm gonna burst
Talk it out - Do I have to talk first?
Talk it out - There is no doubt
Gotta jump back, come back, talk it out

I didn't give up, I said "Come on,
This fight's going on too long"
"I know" you said, and you nearly cried
Jump back, come back, we both tried

Talk it out - Talk to me
Talk it out - Now I see
Talk it out - You're me friend
Jump back, come back, try it again

Talk it out - What did you say?
Talk it out - I see it your way
Talk it out - We can mend
Jump back, come back, friends again