

What Does Peace Mean?

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(prompted by an activity in Naomi Drew's *Learning the Skills of Peacemaking*, Jalmar Press.)

Chorus:

What does peace mean? Peace means taking care of.

What does peace mean? Peace means taking care of.

*What does peace mean? Peace means taking care of
Ourselves, each other and the earth.*

1. When we take care of ourselves,
we get the
rest we need.
We eat good and healthy food and
exercise our bodies.
We have lots of fun, and we cry
when we're sad.
We speak up for ourselves if we're
upset or mad.

Chorus

2. When we take care of each other,
we help
each other out.
We ask each other questions, like
"What are you
sad about?"
We listen to our stories, we take
turns in our play.
We cheer each other on as we find
our own way.

Chorus

3. When we take care of the earth,
we listen to her ways.
We plant trees and vegetables; live
simply everyday.
We treasure all her gifts, the air, the
sun, the rain.
We ride our bikes and turn out lights
and we don't
throw much away!

Chorus