

# Where Does It Come From?

## Introduction

Everything we eat each day,  
Has a story to tell,  
Before it ends up in a shop,  
For somebody to sell!

## Verse 1

Does milk come from a garden tap?  
Please tell us, tell us now!  
Don't be silly, don't you know,  
That milk comes from a cow?!  
Does butter grow in plastic tubs,  
Along with all the cheese?  
Don't be silly, don't you know,  
The cow produces these?!

## Chorus

*Where does it come from,  
All the food we like to eat?  
The things that keep us healthy  
And the ones we save for treats;  
Where do they come from,  
Are they made or do they grow?  
Please can you tell us,  
'Cause we'd really like to know?*

## Verse 2

The healthy fruits we love to eat,  
Do shops grow all of these?  
Don't be silly, don't you know,  
That fruit is grown on trees?!  
Are vegetables made in a shop,  
Or in a pot or what?  
Don't be silly, don't you know,  
That farmers grow the lot?!

## Chorus

## Verse 3

Does our bread grow in plastic bags,  
All packed in slices neat?  
Don't be silly, don't you know,  
It starts as grains of wheat?!  
And do our eggs all grow on trees,  
So that we can just pick 'em?  
Don't be silly, don't you know,  
That our eggs come from chickens?!

## Chorus

## Verse 4

Why are lollies and chocolate bars  
Called 'Only sometimes food'?  
Don't be silly, don't you know,  
They don't do us much good?!  
Hey! They're so yummy, that's not fair!  
What is so wrong with that?!  
Don't be silly, don't you know,  
They're all sugar and fat?!

## Chorus

## CODA

Everything we eat each day,  
Has a story to tell,  
Before it ends up in a shop,  
For somebody to sell!

© 2007 Lyrics by Nuala O'Hanlon. Music by Kathryn Radloff  
Published by Keystone Creations Pty Ltd