

Nursery Rhyme Rap

(Tune: "100 Bottles of Beer on the Wall")

Jack and Jill went up the hill
To fetch a pail of water.
Jack fell down and broke his crown,
And Jill came tumbling after.

(Clap hands.)

Chorus:

A B C D E F G

H I J K L

M N O P

Q R S

T U V W X Y Z

(Cross over touching right hand
to left knee, then left hand to right
knee.)

Humpty Dumpty...Little Miss Muffet...Hey, Diddle, Diddle...Little Boy Blue...
Hickory Dickory Dock

Activities: Integrate other cross over movements such as touching elbow to opposite knee; hand to opposite foot; hand to opposite shoulder, etc.

Have children draw pictures illustrating the different rhymes. Put them together to make a book. Put a copy of the words on each page so the children can "sing along."