

## Macarena Count to 100

- 1 (Right arm out palm down.)
  - 2 (Left arm out palm down.)
  - 3 (Right palm up.)
  - 4 (Left palm up.)
  - 5 (Right hand on left shoulder.)
  - 6 (Left hand on right shoulder.)
  - 7 (Right hand behind head.)
  - 8 (Left hand behind head.)
  - 9 (Right hand on left hip.)
  - 10 (Left hand on right hip.)
- (Clap two times.)  
That is one ten. (Hold up one finger.)

11, 12, 13, 14, 15, 16, 17, 18, 19, 20 (clap clap) That is two tens.  
21-100

Activities: Point to the numerals on a 100 chart as you sing.  
Skip count using the Macarena. Counting by 2's, 5's, 10's, etc. will help children with multiplication.

Do expanded notation with the body movements. Clap the ones, stomp the tens, and snap the hundreds.

Can children count backwards from 100??

Trace around each child's hand on a 7" square. Let them decorate their hands with markers or crayons. Put their hands together to make a book called "High Five to 100" by writing 5, 10, 15, 20...100 on each page.

You can make a similar book called "Give Me Ten to 100" by tracing toes!