

## 8. Watch Out

(words & music by Bill Harley, Round River Music © 1988)

*Grown-ups often try to help kids to overcome their fears, but fear can be a very helpful emotion.*

When I'm climbing in a tree, I like to climb so high  
I like to sit up in the branches with my head up in the sky  
But when I'm high, I hold on tight, 'cause I don't wanna fall  
I know I'm just a little afraid, when something inside me calls

(Chorus:)

Something says Watch Out! Watch out, be careful  
Take your time, take your care  
Something says Watch Out! Watch out, be careful  
That's what it means when you're scared

When I need to cross the street, I have to get to the other side  
and then I see the cars and trucks as they go driving by  
Something inside me wants to run as fast as I can go  
But something inside me still is scared, and that something says "Go slow!"

(Chorus)

What if people were never afraid, what if they never got scared?  
They'd be jumping out of trees and running in the streets  
when the trucks and cars were there  
All your feelings tell you something, that you need to know  
And when you're scared, you're telling yourself, that you should go slow

(Chorus)